



**BACKPACK
FRIENDS**

ARE YOUR STUDENTS HUNGRY?

Do they...

- Rush food lines?
- Have extreme hunger on Monday mornings?
- Eat all their food?
- Ask for seconds?
- Eat others' food?
- Tell you that they are hungry?

Are they...

- Extremely thin or obese?

Do they exhibit...

- Puffy or swollen skin?
- Chronically dry/cracked lips?
- Chronically dry/itchy eyes?
- Hyperactive, irritable, withdrawn, aggressive?
- Having problems getting along with others?
- Excessively sick or absent from school?
- Excessively visit the school nurse?

**If these signs occur on a regular and consistent basis,
please contact**

Your School's Backpack Friends Site Coordinator